



2023 - 2024 Public Health Study Tour Course Outline



ACICIS
Study Indonesia

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Program Details

ACICIS Public Health Study Tour (PHST)

Yogyakarta and Jakarta, Indonesia

Dates (Tour 3): 1 July - 15 July 2023
Dates (Tour 1): 25 November - 9 December 2023
Dates (Tour 2): 13 - 25 January 2024

Credit Points: Recommended equivalency 25% of a full semester load (0.125 EFSTL). Actual subject weighting and academic credit awarded to be determined by a student's home university.

Mode: Off-Campus

Contact hours: **Total course time commitment: Approximately 110 hours**

Approximately 20 hours of seminars

Approximately 32 hours of independent study (seminar readings)

Approximately 28 hours of field trips

Approximately 16 hours of group discussions and presentations

Approximately 8 hours of reflective journal writing

Approximately 6 hours of language classes

www.acicis.edu.au/programs/tour/public-health-study-tour

Contact Details

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Description

The Public Health Study Tour (PHST) is a two-week intensive program for public health students to gain experience in the public health sector in Indonesia. The study tour will provide an introduction to the public health challenges currently facing Indonesia, as well as existing government, international and community-led initiatives tasked with meeting these challenges. This is a unique opportunity for Australian students to hear from leading health professionals, policy-makers and community health workers in Indonesia, and to discuss approaches to health issues with Indonesian counterparts.

The two-week intensive tour is made up of a comprehensive seminar series, and a number of field visits to health care facilities and organisations in Indonesia which provide students with the opportunity to see firsthand how the public health system works in Indonesia and to understand the complex challenges it faces.

Discipline Areas

- ◆ Public health
- ◆ Health science
- ◆ Occupational health
- ◆ Epidemiology
- ◆ Nursing
- ◆ Environmental health
- ◆ Health promotion
- ◆ Community health
- ◆ Primary health care
- ◆ Health policy
- ◆ Public policy
- ◆ Reproductive Health

Supervision

ACICIS' programs in Indonesia operate under the direction of the ACICIS Resident Director, Dr Adrian Budiman.

A Tour Leader will be assigned for the duration of the PHST to provide academic supervision of the tour. Alongside Tour Leader there will be a Tour Coordinator and Program Assistants, who will serve as the primary liaison assisting with the planning of the tour. ACICIS staff will provide comprehensive in-country pastoral support services for students during their time in Indonesia.

Structure and Schedule of Learning Activities

The structure of the two-week study tour is as follows:

- ◆ One week of seminars and field trips in Depok/Jakarta, in collaboration with Universitas Indonesia (UI), DFAT, Development agencies and including one day of concluding discussions and group presentations.
- ◆ One week of seminars and field trips in Yogyakarta, including one day of concluding discussions and group presentations;

Please see [Appendix I](#) for more details on the tour itinerary.

Educational Principles and Graduate Attributes

Throughout the PHST, students are supported to:

- ◆ Develop an understanding of the nature of public health issues in Indonesia;
- ◆ Develop an understanding of the social determinants of health as well as the Indonesian political, economic, and environmental context;
- ◆ Develop an understanding of primary health care practice in the Asia-Pacific region;
- ◆ Build networks with community-based NGOs, public and private service delivery agencies and other key stakeholders in the public health sector in Indonesia; and
- ◆ Broaden knowledge about health promotion in rural and urban settings;
- ◆ Build academic skills and an appreciation of the "real life" challenges in actual public health settings; and
- ◆ Enrich their understanding of intercultural management and Indonesian organisational culture in the context of public health.

Learning Outcomes

Students who complete the PHST successfully will be able to:

- ◆ Identify the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia;
- ◆ Demonstrate knowledge of the implications of social determinants on access to and use of Indonesia's public health system;
- ◆ Identify key public health issues and their related sub-issues;
- ◆ Demonstrate an understanding of effective public health and health promotion, planning, implementation and evaluation;
- ◆ Demonstrate an ethical sense of social responsibility; and
- ◆ Demonstrate effective inter-cultural communication skills in a different cultural setting.

Assessment Mechanism

The following components are used to inform the PHST Tour Leader's student evaluation report. Students are required to complete all components satisfactorily in order to achieve an overall grade of 'Satisfactory' for the tour.

#	Component	Dates	Weighting	Notes
1	Seminar Series	15 - 23 January	30%	Attendance at, and participation in, all seminar series organised by ACICIS is expected. Evidence of familiarity with set readings will be assessed through seminar participation.
2	Field Trips & Cultural Activities	19 - 27 January	25%	Attendance at, and participation in, all field trips and cultural activities organised by ACICIS is expected.
3	Discussion & Presentation	21 & 28 January	25%	Students to discuss national health issues with Indonesian undergraduate public health students and deliver two group presentations to fellow students and staff.
4	Reflective Journal	16, 23, and 31 January	20%	Three reflective journal entries to be submitted to the PHST Leader one week before the tour start, mid-tour & at the end of the tour. Evidence of familiarity with set readings will be assessed through reflective journal writing.

Component Details

1. Seminar Series (20 hours)

The Seminar Series of the PHST consists of ten seminars: one introductory seminar on Indonesian culture, politics, and society, and nine seminars on public health topics. The seminars will be delivered by government representatives, academics, and NGO representatives. Participants must demonstrate adequate preparation through informed contributions to discussions and activities in order to pass this component of the program. Lively discussion groups and Q&A sessions will be a key aspect of these sessions. Students must attend and participate actively in a minimum of 80% of all scheduled seminars. Please see [Appendix II](#) for more details about this component of the tour.

2. Field Trips (32 hours)

Participants will also undertake numerous field visits to health care facilities in Indonesia. Students will meet with workers in the health system as well as communities to observe current public health responses. In order to enrich their knowledge about government and non-government programs, participants will observe on-site projects in vulnerable communities. Participants will also observe the social determinants of health and well-being in the rural areas of Indonesia through visits and interaction with the local community. Please see [Appendix II](#) for more details about this component of the tour.

3. Group Discussions & Presentations (16 hours)

In Yogyakarta, participants will discuss, observe and interview local community members and health care workers, and will deliver a presentation on an aspect of a public health issue encountered in the community, as well as offer recommendations regarding future measures that could be adopted in order to overcome the issue. At Universitas Indonesia (UI), Jakarta, participants will collaborate with Indonesian undergraduate students and discuss in groups the national and urban health challenges in Indonesia. Groups will then deliver a presentation on a particular public health topic. Please see [Appendix III](#) for more details about this component of the tour.

4. Reflective Journal (8 hours)

The purpose of the reflective journal is to encourage critical thinking and reflection from students on their theoretical and vocational learning while on the PHST. The reflective journal should also demonstrate evidence of a student's understanding of the set readings and ability to relate these readings to their daily experiences on the tour.

To complete the reflective journal, students are required to:

- ◆ Complete a number of required readings;
- ◆ Complete three reflective journal entries detailing observations, challenges, learning experiences and outcomes of activities undertaken or experienced on the tour; and
- ◆ Reference and reflect on set readings.

Students are encouraged to use the reflective journal to record and elaborate on the significant issues encountered, including observations, challenges, learning experiences, or unexpected outcomes.

Comprehensive journal entries are to be submitted to the PHST Tour Leader one week before the tour start, mid-way through the tour, and at the end of the tour.

Please see [Appendix IV](#) for more details about this component of the tour.

Award of Grade for the unit

Both the student and the student's home university will receive a copy of the PHST Tour Leader's student academic evaluation report. This assessment document will be sent electronically (or by post if requested) from the ACICIS Secretariat in Perth within six weeks of a student's completion of the tour. The home university may choose to award a grade or an ungraded pass/fail on the basis of this document and any additional home university assessment requirements for the tour.

Reading List

Introduction to Indonesia

Hamzah et. al. Social determinants of malaria in an endemic area of Indonesia, *Malaria Journal* (2019) 18:134
Neelakantan, V 2013. 'The Indonesianization of Social Medicine', *Lembaran Sejarah*, vol. 10, no. 1. Available from <https://jurnalugm.ac.id/lembaran-sejarah/article/view/23654>

Pisani, E 2014, *Indonesia Etc.* Jakarta: Lontar Press; Chapter 1.

Vickers, A 2013, *A History of Modern Indonesia*. 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1.

Health System, Policy and Management in Indonesia

Agustina, R, Dartanto, T, Sitompul, R, et al 2018, 'Universal health coverage in Indonesia: concept, progress, and challenges' *The Lancet*, vol. 393, issue 10166, pp:75-102. Available from: [https://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736\(18\)31647-7.pdf#articleInformation](https://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736(18)31647-7.pdf#articleInformation)

Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' *Asia Pacific Observatory on Health Systems and Policies*, vol. 7, no. 1. [cited 2018 June 04]. Available from <http://www.who.int/iris/handle/10665/254716>

Mboi, N, Surbakti, IM, Trihandini, I et al. 2018, 'On the road to universal health care in Indonesia, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016.' *The Lancet*, vol. 392: pp. 581–91. Available from [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(18\)30595-6/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30595-6/fulltext)

Prastyani, AW 2019. 'Who'll pay for Indonesia's national health insurance?', *New Mandala*, 28 February 2019. Available from <https://www.newmandala.org/wholl-pay-for-indonesias-national-health-insurance/>

Disaster Mitigation

Balajee S, Pasi OG, Etoundi AM, et al 2017. 'Sustainable model for public health emergency operations centers for global settings' *Emerging Infectious Diseases*. 2017;23(13). Available from: <http://doi.org/10.3201/eid2313.170435>

Djalante, R., Lassa, J., Setiamarga, D. et al 2020, 'Review and analysis of current responses to COVID-19 in Indonesia: Period of January to March 2020' *Progress in Disaster Science* 6. 2020.

Indonesian Health Development Overview

Mahendradhata, Y., Lestari, T. et al 2020, 'Strengthening government's response to COVID-19 in Indonesia: a modified Delphi study of medical and health academics'. Available from: <https://www.medrxiv.org/content/10.1101/2020.11.09.20228270v1>

UNICEF, UNDP, Prospera, and SMERU (2021). *Analysis of the Social and Economics Impacts of the COVID-19 on Households and Strategic Policy Recommendations for Indonesia*, Jakarta.

World Health Organization, 2020. 'Coronavirus Disease 2019 (COVID-19): Situation Report-24'. Available from: https://www.who.int/docs/default-source/searo/indonesia/covid19/who-situation-report-24.pdf?sfvrsn=90e5e0d9_2

Vu, K., Nguyen, P., Pearson, J. (2020), 'After aggressive mass testing, Vietnam says it contains coronavirus outbreak', *Reuters*, 30 April. Available from: <https://www.reuters.com/article/%20us-health-coronavirus-vietnam-%20fight-%20insi/after-aggressive-mass-testing-%20-vietnam-says-it-%20contains-coronavirus-outbreak-idUSKBN22B34H>

Neglected Diseases in Indonesia

Dewi, C, Barclay, L, Passey, M, & Wilson, S 2016, 'Improving knowledge and behaviours related to the cause, transmission and prevention of Tuberculosis and early case detection: a descriptive study of community led Tuberculosis program in Flores, Indonesia.' *BMC Public Health*, vol. 16.

Pasaribu, A., Alam, A. 2019. 'Prevalence and risk factors of soiltransmitted helminthiasis among school children living in an agricultural area of North Sumatera, Indonesia.' *BMC Public Health*, vol. 19, Article number 1066. Available from <https://doi.org/10.1186/s12889-019-7397-6>

Wibawa,T, Satoto, TBT 2016. 'Magnitude of Neglected Tropical Diseases in Indonesia at Postmillennium Development Goals Era.' *Journal of Tropical Medicine*, vol. 2016, article ID 5716785. Available from <https://doi.org/10.1155/2016/5716785>.

Rokx, C, Subandoro, AW, Gallagher, P 2018. Aiming high: Indonesia's ambition to reduce stunting: main report. World Bank Jakarta. Available from <http://documents.worldbank.org/curated/en/913341532704260864/main-report>

Shrimpton, R, & Rokx, C 2013. 'The double burden of malnutrition in Indonesia.' World Bank Jakarta

Surya, A, Setyaningsih, B, Nasution, HS, et al. 2017. 'Quality Tuberculosis Care in Indonesia: Using Patient Pathway Analysis to

Optimize Public-Private Collaboration', *The Journal of Infectious Diseases*, vol. 216, issue suppl_7, pp. S724-S732. Available from <https://doi.org/10.1093/infdis/jix379>

Sexual and Reproductive Health System: Family Planning

Fogarty, M 2018 Impacts of Contraception on Women's Decision-Making Agency in Indonesia, Undergraduate Economic Review: Vol. 15 : Iss. 1 . Article 18. Available at: <https://digitalcommons.iwu.edu/uer/vol15/iss1/18>

The Government of Indonesia 2020, 'Family Planning 2020 Commitment'. Available from: <http://www.familyplanning2020.org/indonesia>

DHF and Malaria

Hanandita, W, & Tampubolon, G 2016, 'Geography and social distribution of malaria in Indonesian Papua: a cross-sectional study'. *International Journal of Health Geographics*, vol. 15, no. 13.

Hasyim, H, Dale, P. et al 2019, ' Social determinants of malaria in an endemic area of Indonesia.' *Malaria Journal*, vol.18

Haryanto, B 2018. *Indonesia Dengue Fever: Status, Vulnerability, and Challenges*. Available from: <https://www.intechopen.com/books/current-topics-in-tropical-emerging-diseases-and-travel-medicine/indonesia-dengue-fever-status-vulnerability-and-challenges>.

Ipa, M, Widawati, M. et al.2020.' Variation of preventive practices and its association with malaria infection in eastern Indonesia: Findings from community-based survey'. Available from: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0232909>

Karyanti, M, Uiterwaal, C, Kusraistuti, R, et al 2014, 'The changing incidence of Dengue Haemorrhagic Fever in Indonesia: a 45-year registry-based analysis.' *BMC Infectious Diseases*, vol. 14.

Tantowijoyo W, Arguni E, Johnson, P, et al 2016, 'Spatial and Temporal Variation in *Aedes aegypti* and *Aedes albopictus* (Diptera: Culicidae) Numbers in the Yogyakarta Area of Java, Indonesia, With Implications for *Wolbachia* Releases.' *Journal of Medical Entomology*, vol. 53, no.1, pp: 188-198

Wahyono, T.Y.M., Nealon, J. 2017, Indonesian dengue burden estimates: review of evidence by an expert panel. Available from: <https://www.cambridge.org/core/journals/epidemiology-and-infection/article/indonesian-dengue-burden-estimates-review-of-evidence-by-an-expert-panel/38AE556E9984B62981F832EE7C405134>

Community-Based Waste Management

Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' *Development and Change*, vol. 45, pp. 157-178. doi:10.1111/dech.12075

Mirza O.A. Putri1, Zakianis1, Sabarinah2, I. Made Djaja1, Haruki Agustina3, Sifa Fauzia1. Solid Waste Reduction Through 3R-Based Waste Management Unit and Waste Bank in Indonesia in 2018. *IJPHRD* 2020, 11, 1057-1062.

Pasang, H, Moore, GA, Sitorus, G 2007. 'Neighbourhood-based waste management: A solution for solid waste problems in Jakarta, Indonesia.' *Waste Management*, vol.27, issue 12, pp. 1924-1938. <https://doi.org/10.1016/j.wasman.2006.09.010>

Public Hospital

Handayani, P, Hidayanto, A, Sandhyaduhita, P, Kasiyah, & Ayuningtyas, D 2015. 'Strategic hospital services quality analysis in Indonesia.' *Expert Systems with Applications*, vol. 42, no. 6, pp: 3067-3078.

Wardhani, V., van Dijk, J.P. & Utarini, A. Hospitals accreditation status in Indonesia: associated with hospital characteristics, market competition intensity, and hospital performance?. *BMC Health Serv Res* 19, 372 (2019). <https://doi.org/10.1186/s12913-019-4187-x>

Nutrition and Food Safety

A.M. Vollaard, S.Ali, H.A.G.H. Vanasten, et al. Risk factors for transmission of foodborne illness in restaurants and street vendors in Jakarta, Indonesia. *Epidemiol Infect* 2004;132:863-72

Rokx, C, Subandoro, AW, Gallagher, P 2018. Aiming high: Indonesia's ambition to reduce stunting: main report. World Bank Jakarta. Available from <http://documents.worldbank.org/curated/en/913341532704260864/main-report>

Titaley, C., Iwan Ariawan, Dwi Hapsari, Anifatun Muasyaroh and Michael J. Dibley 2019 Determinants of the Stunting of Children Under Two Years Old in Indonesia: A Multilevel Analysis of the 2013 Indonesia Basic Health Survey, *Nutrients* 2019, 11, 1106, doi:10.3390.

Mental Health Community Based Mental Health Service

Inter-Agency Standing Committee, 2020. 'Operational Consideration for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic'. Available from: <https://interagencystandingcommittee.org/system/files/2020-06/IASC%20Guidance%20on%20Operational%20considerations%20for%20Multisectoral%20MHPSS%20Programmes%20during%20the%20COVID-19%20Pandemic.pdf>

Irmansyah, I, Susanti, H, et al. 2020. 'Civic engagement and mental health system strengthening in Indonesia: a qualitative examination of the views of health professionals and national key stakeholders' *BMC Psychiatry*, vol 20, article 172

Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' *International Journal of Mental Health Systems*, vol. 2, no. 8. Available from <https://doi.org/10.1186/1752-4458-2-8>

Windarwati, H, Oktaviana, W, Mukarromah, I, et al 2020, ' In the middle of the COVID-19 outbreak: Early practical guidelines for psychosocial aspects of COVID-19 in East Java, Indonesia' *Psychiatry Research*, vol 293, article ID 113395. Available from <https://www.sciencedirect.com/science/article/pii/S0165178120309926> .

Tampubolon, G. & Hanandita, W 2014. 'Poverty and mental health in Indonesia.' *Social Science & Medicine*, vol. 106, pp: 20-27.

Sexual and Reproductive Health

Astuti, DA, Hidayat, A, Humaira, RZ, et al 2017. ' Accessibility to media and its relation to stigmatization toward lesbian-gay- bisexual and transgender (LGBT) individuals: a study among 2nd year midwifery students in Yogyakarta, Indonesia.' *J Health Res*, vol 31, no 4, pp: 263-269. <https://doi.org/10.14456/jhr.2017.33>

Budiharsana, M 2019, 'An exploratory study on the knowledge of drug sellers about misoprostol use for medical abortion in Yogyakarta Indonesia, 2019'

Surjadjaja, C. & Mayhew, S 2011, 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' *Health Policy and Planning*, vol. 26, no. 5, pp: 373-384.

HIV in Indonesia

Januraga, P.P., Reekie, J, et al 2018, ' The cascade of HIV care among key populations in Indonesia: a prospective cohort study'. Available from: [https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018\(18\)30148-6/fulltext](https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(18)30148-6/fulltext)

Luis, H., Fridayantara, W.D. et al 2020, ' Evolving ART crisis for people living with HIV in Indonesia'. Available from: [https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018\(20\)30138-7/fulltext](https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(20)30138-7/fulltext)

Riono, P, Challacombe, S.J. 2020, ' HIV in Indonesia and in neighbouring countries and its social impact'. *Oral Diseases*, Vol. 26, pp 28-33.

Puskesmas and Posyandu

Belton, S, Myers, B, & Ngana, F 2014, 'Maternal deaths in eastern Indonesia: 20 years and still walking: an ethnographic study'. *BMC Pregnancy and Childbirth*, vol. 14, no. 39.

Heywood, P, & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' *BMC International Health and Human Rights*, vol. 10, no. 3 [cited 2018 June 04]. Available from: <http://bmcinthealthhumanrights.biomedcentral.com/articles/10.1186/1472-698X-10-3>

Laksono, A. D., Paramita, A., & Wulandari, R. D. (2019, August 16). Socioeconomic Disparities of Facility-Based Childbirth in Indonesia. <https://doi.org/10.31227/osf.io/7b2su>

Nazri, C, Yamazaki, C, Kameo, S, et al 2015, 'Factors influencing mother's participation in Posyandu for improving nutritional status of children under-five in Aceh Utara district, Aceh province, Indonesia'. *BMC Public Health* [cited 2018 Jan 10]. Available from: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4724156/pdf/12889_2016_Article_2732.pdf

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Eliminate Dengue Project

Tantowijoyo W, Arguni E, Johnson, P, et al 2016, 'Spatial and Temporal Variation in Aedes aegypti and Aedes albopictus (Diptera: Culicidae) Numbers in the Yogyakarta Area of Java, Indonesia, With Implications for Wolbachia Releases.' *Journal of Medical Entomology*, vol. 53, no.1, pp: 188-198.

YAKKUM Rehabilitation Centre

Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' *International Journal of Mental Health Systems*, vol. 2, no. 8. Available from <https://doi.org/10.1186/1752-4458-2-8>

Tampubolon, G. & Hanandita, W 2014. 'Poverty and mental health in Indonesia.' *Social Science & Medicine*, vol. 106, pp: 20-27.

Kali Code

Engel, S. Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' *Development and Change*, vol. 45, pp. 157-178. doi:10.1111/dech.12075

Indraswara, H 2009. 'Water woes.' *Inside Indonesia* [cited 2018 Jan 10]. Available from: <http://www.insideindonesia.org/water-woes>

N. C. Idham. Riverbank settlement and humanitarian architecture, the case of Mangunwijaya's dwellings and Humanitarian Architecture. *Journal of Architecture and Urbanism*, 2018, 42(2): 177-187. Available from: <https://doi.org/10.3846/jau.2018.6900>

Websites

WHO	www.who.int/gho/countries/idn/country_profiles/en/
UNICEF	www.unicef.org/indonesia
UNFPA	indonesia.unfpa.org
Indonesian Ministry of Health	www.depkes.go.id
Australia Indonesia Partnership for Health System Strengthening (AIPHSS)	aiphss.org
WFP	www.wfp.org/countries/indonesia
National AIDS commission	www.aidsindonesia.or.id
Jakarta government website	www.jakarta.go.id/english
International Food Policy Research Institute	www.ifpri.org/country/indonesia
Women Deliver	www.womendeliver.org
UNDP Indonesia	www.id.undp.org

Appendices

Appendix I: PHST Itinerary 2023 (Jakarta-Yogyakarta)

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
1	Sat, 1/7	13.00-15.00	Students arrive and check in at hotel		Hotel meeting room	ACICIS	4	Tue, 4/7	08.45-10.15	Seminar D: Indonesia Health Development Overview	Reflections from the field-Connecting with COVID 19 Frontline Workers COVID 19 Advocacy Efforts in Indonesia	Meeting room UI	Universitas Indonesia (UI) and ACICIS
		15.00-16.00	Orientation Session 1	Welcome, Staff Introductions, Program Overview									
		16.00-16.15	Coffee Break										
		16.15-17.00	Orientation Session 2	Understanding the Public Health Study Tour Program									
		17.00-18.00	Free time										
		18.00-19.30	Welcome Dinner	Cultural Performance									
2	Sun, 2/7	10.00-11.30	Orientation Session 3	Health and Security Briefing	Hotel meeting room	ACICIS	5	Wed, 5/7	10.15-10.45	Coffee break		FIB UI	LBI UI
		11.30-11.45	Coffee Break										
		11.45-12.45	Orientation Session 4	Introduction to Yogyakarta, Jakarta, Depok									
		12.45-13.30	Lunch										
		13.30-14.15	Seminar A: Introduction to Indonesia	Indonesian Modern History, Culture, Politics and Society									
		14.15-onwards	Free time										
3	Mon, 3/7	08.45-9.30	Opening Ceremony	Opening Ceremony	Meeting room Universitas Indonesia (UI)	UI and ACICIS	5	Wed, 5/7	08.45-10.45	Language Class II	Family members, basic conversation topics	Meeting room UI	Universitas Indonesia (UI) and ACICIS
		09.30-09.45	Coffee break										
		09.45-11.15	Seminar B: General Overview of Indonesian Public Health System	Health System in Indonesia 1 Health System in Indonesia 2									
		11.15-11.30	Coffee Break										
		11.30-12.45	Seminar C: Disaster Management in Indonesia	Disaster Resilience Village									
		12.15-12.45	Lunch Break										
		12.45-13.45	Campus Tour and drop off at LBI UI										
		13.45-15.45	Language Class 1	Greetings, Introductions, numbers, names, food					FIB UI	LBI UI			
		15.45-onwards	Travel to hotel and free time										
								11.15-12.00	Seminar F: Mental Health	Mental Health in Indonesia	Meeting room UI	Universitas Indonesia (UI) and ACICIS	
								12.00-12.45	Lunch				
								11.30-12.00	Seminar G: Communicable Diseases Malaria	DHF and Malaria Prevention			
								13.00-13.15	Break				
								13.15-15.45	Seminar H: Sexual and Reproductive Health (Family Planning)	Reproductive Health and Family Planning Policy Population Development in Indonesia			
								15.45-onwards	Travel to hotel and free time				

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by		
6	Thu, 6/7	07:30-08:30	Meet at the hotel lobby and travel to field visit site			ACICIS		
		08:30-11:00	Field Visit 1: Public Hospital	Secondary and Tertiary Care	RS Marzuki Mahdi RSKO Cibubur Jakarta	Universitas Indonesia (UI) & ACICIS		
		11:00-13:00	Travel to restaurant and lunch					
		13:00-15:00	Cultural Field Trip: Setu Babakan		Setu Babakan			
		15:00-onwards	Travel to hotel and free time					
		7	Fri, 7/7	07:30-08:45	Meet at the hotel lobby and travel to TPS			Universitas Indonesia (UI) & ACICIS
08:45-10:45	Field Visit 2: TPS 3RD in Kota Bogor			Waste Management	TPS 3R Mutiara Bogor Raya TPS 3R Cipaku TPS 3R Ranggamekar			
10:45-12:00	Travel to UI							
12:00-12:45	Lunch			Meeting room UI				
12:45-13:15	Seminar I: Nutrition and Food Safety			Stunting Updates: Indonesia Experience Food Safety Challenges in Indonesia				
14:30-14:45	Coffee Break							
14:45-15:30	Seminar J: Neglected and Communicable Diseases			Neglected Diseases in Indonesia				
15:30 onwards	Travel to hotel and free time							
8	Sat, 8/7			09:00-09:45	Presentation Preparation			Meeting room UI
				09:45-11:45	Final student presentations and future recommendations	Divided into small groups, presentations to reflect Indonesian health challenges and recommendations		Universitas Indonesia (UI), ACICIS & UI Buddies
		11:45-13:15	Lunch and Farewell with UI Buddies					
		13:15-onwards	Travel to Hotel and free time					

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
9	Sun, 9/7	All day until 09:45/ 11:45	Free time and check-out from hotel	Divided into two travel groups	Jakarta	ACICIS
		8:00-8:30/ 12:00-12:30	Travel to airport and check-in flight			
		11:25-15:00/ 14:15-17:00	Flight to Yogyakarta, check-in at Prime Plaza Hotel			Yogyakarta
		17:00 onwards	Free time/independent study			Prime Plaza Hotel
10	Mon, 10/7	09:30-10:00	Seminar K: Sexual Health and Reproductive Health	Sexual and Reproductive health	Meeting room Prime Plaza Hotel	ACICIS, Samsara and Rifka Annisa
		11:00-11:15	Coffee Break			
		11:15-12:00	Seminar L: HIV in Indonesia			ACICIS
		12:00-13:30	Lunch Break and meeting Puskesmas Buddies			
		13:30-onwards	Free time/Independent study			
11	Tue, 11/7	08:00-09:00	Meet at the hotel lobby and travel to Site 3a			ACICIS
		09:00-10:30	Field Visit 3a: Puskesmas (Community Health Centre)	Observing <i>puskesmas</i> and interacting with health practitioners and patients, observing their function particularly in health prevention and promotion activities.	Puskesmas Ngaglik 1 Puskesmas Ngaglik 2	<i>Puskesmas</i> Representatives and Facilitators as well as ACICIS, UI or UNRIYO
		10:30-10:45	Travel to Site 3b			ACICIS/UI/ UNRIYO
		10:45-12:30	Field Visit 3b: Posyandu (Integrated Health Centre)	Maternal and child health in rural area		<i>Posyandu</i> Representatives and facilitators
		12:30-13:30	Travel back to <i>Puskesmas</i> and lunch			
		13:30-14:30	Discussion			Puskesmas Ngaglik 1 Puskesmas Ngaglik 2
		14:30- onwards	Travel to hotel and Free Time			



Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
12	Wed, 12/7	09.15-09.30	Meet at main lobby and travel to field visit site			LSM Kebaya Representatives and ACICIS
		08.45-11.30	Field Visit 4: Kebaya Foundation		LSM Kebaya	
		11.30-13.15	Travel to restaurant and Lunch			
		13.15-15.30	Cultural Field Trip: Kotagede Heritage Tour			Kotagede Heritage Tour Representative and ACICIS
		15.30-onwards	Travel to hotel and free time			
13	Thu, 13/7	09.15-10.00	Meet at downstairs lobby and travel to field visit site			
		10.00-12.00	Field Visit 5: Disabilities and Mental Health Rehabilitation Centre	Visit to YAKKUM Rehabilitation Centre	YAKKUM Rehabilitation Centre	YAKKUM Rehabilitation Centre Representatives and ACICIS
		12.00-12.45	Travel back to hotel			
		12.45-13.45	Lunch and free time			
		13.45-15.45	Consultation with Tour Leader period			Tour Leader
		15.45-onwards	Free time			
14	Fri, 14/7	08.00-08.30	Meet at downstairs lobby and travel to Kali Code			
		08.30-10.30	Field Visit 6: Kali Code Walkin Tour	Water and sanitation Management	Kali Code	Kali Code Community and ACICIS
		10.30-11.15	Travel back to hotel			
		11.15-13.30	Lunch and free time			
		13.30-15.30	Consultation with Tour Leader period			
		15.30-onwards	Free time			

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
15	Sat, 15/7	09.00-11.00	Final Presentation	Divided into small groups, presentations to reflect Indonesian health challenges and recommendations	Prime Plaza Hotel Meeting Room	UI Lecturer and Tour Leader
		13.00-13.30	Closing Ceremony and farewell lunch	Certificate distribution and closing ceremony		ACICIS
16	Sun, 16/7	End of Tour/ Student Depart				



Appendix II: PHST Seminar Series and Fieldtrips

Activity	Topic	Objective/ Learning outcome	Readings
Seminar A: Introduction to Indonesia	Indonesian modern history, culture, politics and society	◆ Develop an understanding of Indonesian modern history, culture, politics and society.	<p><i>Required:</i> Pisani, E 2014, <i>Indonesia Etc.</i> Jakarta: Lontar Press: Chapter 1. Vickers, A 2013, <i>A History of Modern Indonesia</i>. 2nd ed. Cambridge: Cambridge University Press: Introduction and Chapter 1.</p> <p><i>Optional:</i> Hatley, B, Rowe, E. 2021. 'The Performing Arts and the Pandemic.' Inside Indonesia, edition 143 Available from https://www.insideindonesia.org/the-performing-arts-and-the-pandemic Neelakantan, V 2013, 'The Indonesianization of Social Medicine', <i>Lembaran Sejarah</i>, vol. 10, no. 1. Available from https://jurnal.ugm.ac.id/lembaran-sejarah/article/view/23654</p>
Seminar B: General Overview of the Indonesian Public Health System	Health system in Indonesia	◆ Develop an understanding of the Indonesian public health system.	<p><i>Required:</i> Agustina, R, Dartanto, T, Sitompul, R, et al 2018, 'Universal health coverage in Indonesia: concept, progress, and challenges.' <i>The Lancet</i>, vol. 393, issue 10166, pp:75-102. Available from: https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31647-7/fulltext Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' <i>Asia Pacific Observatory on Health Systems and Policies</i>, vol. 7, no. 1. [cited 2018 June 04]. Available from http://www.who.int/iris/handle/10665/254716</p> <p><i>Optional:</i> Mboi, N, Surbakti, IM, Trihandini, I et al. 2018, 'On the road to universal health care in Indonesia, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016.' <i>The Lancet</i>, vol. 392: pp. 581–91. Available from https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30595-6/fulltext Prastyani, AW 2019. 'Who'll pay for Indonesia's national health insurance?', <i>New Mandala</i>, 28 February 2019. Available from https://www.newmandala.org/wholl-pay-for-indonesias-national-health-insurance/</p>
Seminar C: Disaster Management in Indonesia	Disaster Management in Indonesia	◆ Develop an understanding of Disaster Management in Indonesia	<p><i>Required</i> Jibiki, Y, Pelupessy, D, Susilowati, I, et al 2018, 'Exploring Community Preparedness for Complex Disaster: A Case Study in Cilegon (Banten Province in Indonesia)' in <i>International Conference of Occupational Health and Safety (ICOHS-2017)</i>, KnE Life Sciences, pages 237–249. DOI 10.18502/kl.v4i5.2556 Lestari, F, Pelupessy, D, Jibki, Y, et al. 'Analysis on Complexity in Natech Disaster Risk Reduction and Management: The case study of Cilegon, Indonesia'</p> <p><i>Optional:</i> Grayman, JH 2014. 'Rapid response: Email, immediacy, and medical humanitarianism in Aceh, Indonesia.' <i>Social Science & Medicine</i>, vol. 120, pp. 334–343. doi:10.1016/j.socscimed.2014.04.024</p>

Activity	Topic	Objective/ Learning outcome	Readings
Seminar D: Indonesian Health Development Overview	Public Health in Indonesia, National Health Development Strategy	◆ Develop an understanding of health development strategies employed within Indonesia's health system, and the role of international partners.	<p><i>Required:</i> Ministry of Health of the Republic of Indonesia 2018. Indonesia Health Profile 2017. Available from http://www.depkes.go.id/resources/download/pusdatin/profil-kesehatan-indonesia/indonesia-health-profile-2017.pdf</p> <p><i>Optional:</i> Australian Government, Department of Foreign Affairs and Trade (DFAT) 2015, <i>Aid Investment Plan Indonesia: 2015-16 to 2018-19: Strategic priorities and rationale</i> [cited 2018 June 04]. Available from: https://www.dfat.gov.au/sites/default/files/indonesia-aid-investment-plan-2015-19.pdf</p> <p>Whitelum, B 2018, <i>Independent Progress Review KOMPAK: Australia Indonesia Partnership for Decentralized Basic Service Delivery</i> [cited 2018 June 04]. Available from: https://www.dfat.gov.au/sites/default/files/kompak-independent-progress-review.pdf</p>
Seminar E: Non Communicable Diseases	Non-communicable diseases in Indonesia	◆ Develop an understanding of trends in non-communicable diseases in Indonesia and preventative approaches.	<p><i>Required:</i> Aditama, T, Pradono, J, Rahman, et al 2008, 'Linking Global Youth Tobacco Survey (GYTS) data to the WHO Framework Convention on Tobacco Control: the case for Indonesia.' <i>ScienceDirect: Preventative Medicine</i>, vol. 47.</p> <p>Hussain, M.A., Huxley, R.R., et al 2015, 'Multimorbidity prevalence and pattern in Indonesian adults: an exploratory study using national survey data' <i>BMJ Open</i>, Vol. 5, issue 12. Available from: https://bmjopen.bmj.com/content/5/12/e009810</p> <p>Schröders, J. Wall, S., et al 2017, 'How is Indonesia coping with its epidemic of chronic noncommunicable diseases? A systematic review with meta-analysis'. Available from: https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0179186</p> <p><i>Optional:</i> Hurt, RD, Ebbert, JO, Achadi, A, & Croghan, IT 2012, 'Roadmap to a tobacco epidemic: transnational tobacco companies invade Indonesia', <i>Tobacco Control</i>, vol. 21, issue 3. http://dx.doi.org/10.1136/tc.2010.036814</p>
Seminar F: Mental Health	Community-based Mental Health Service	◆ Develop an understanding of mental health issues in the community	<p><i>Required:</i> Inter-Agency Standing Committee, 2020, 'Operational Consideration for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic'. Available from: https://interagencystandingcommittee.org/system/files/2020-06/IASC%20Guidance%20on%20Operational%20considerations%20for%20Multisectoral%20MHPSS%20Programmes%20during%20the%20COVID-19%20Pandemic.pdf</p> <p>Windarwati, H, Oktaviana, W, Mukarromah, I, et al 2020, 'In the middle of the COVID-19 outbreak: Early practical guidelines for psychosocial aspects of COVID-19 in East Java, Indonesia' <i>Psychiatry Research</i>, vol 293, article ID 113395. Available from https://www.sciencedirect.com/science/article/pii/S0165178120309926</p> <p><i>Optional:</i> Irmansyah, I, Susanti, H, et al. 2020. 'Civic engagement and mental health system strengthening in Indonesia: a qualitative examination of the views of health professionals and national key stakeholders' <i>BMC Psychiatry</i>, vol 20, article 172.</p>

Activity	Topic	Objective/ Learning outcome	Readings
Seminar G: Communicable Diseases Malaria	DHF and Malaria prevention and response in Indonesia	◆ Develop an understanding of the burden of DHF and malaria in Indonesia and prevention and intervention measures of these diseases.	<i>Required:</i> Hamzah et. al. Social determinants of malaria in an endemic area of Indonesia, <i>Malaria Journal</i> (2019) 18:134 Hanandita, W, & Tampubolon, G 2016, 'Geography and social distribution of malaria in Indonesian Papua: a cross-sectional study', <i>International Journal of Health Geographics</i> , vol. 15, no. 13. <i>Optional:</i> Karyanti, M, Uiterwaal, C, Kusraistuti, R, et al 2014, 'The changing incidence of Dengue Haemorrhagic Fever in Indonesia: a 45-year registry-based analysis.' <i>BMC Infectious Diseases</i> , vol. 14. Rodriguez-Morales, AJ 2018. <i>Current Topics in Tropical Emerging Diseases and Travel Medicine</i> . London: IntechOpen; Chapter 5. Available from https://www.intechopen.com/books/current-topics-in-tropical-emerging-diseases-and-travel-medicine
Seminar H: Sexual and Reproductive Health	Reproductive health and family planning policy; Adolescent reproductive health; Family Planning in Indonesia	◆ Develop an understanding of family planning and reproductive health issues.	<i>Required:</i> The Government of Indonesia 2020, 'Family Planning 2020 Commitment'. Available from: http://www.familyplanning2020.org/indonesia <i>Optional:</i> Fogarty, M 2018 Impacts of Contraception on Women's Decision-Making Agency in Indonesia, <i>Undergraduate Economic Review</i> : Vol. 15 : Iss. 1 , Article 18. Available at: https://digitalcommons.iwu.edu/uer/vol15/iss1/18
Field Visit 1: Public Hospital	Hospital programs and activities in treatment and prevention	◆ Develop an understanding of the role of public hospitals as health prevention and treatment providers.	<i>Required:</i> Handayani, P, Hidayanto, A, Sandhyaduhita, P, Kasiyah, & Ayuningtyas, D 2015, 'Strategic hospital services quality analysis in Indonesia.' <i>Expert Systems with Applications</i> , vol. 42, no. 6, pp: 3067-3078. Wardhani, V., van Dijk, J.P. & Utarini, A. Hospitals accreditation status in Indonesia: associated with hospital characteristics, market competition intensity, and hospital performance?. <i>BMC Health Serv Res</i> 19, 372 (2019). https://doi.org/10.1186/s12913-019-4187-x
Field Visit 2: Community-Based Waste Management	Participatory-Development Approach for Environmental Health	◆ Develop an understanding of community participation in environmental health interventions in Indonesia.	<i>Required:</i> Mirza O.A. Putri1, Zakianis1, Sabarinah2, I. Made Djaja1, Haruki Agustina3, Sifa Fauzia1. Solid Waste Reduction Through 3R-Based Waste Management Unit and Waste Bank in Indonesia in 2018. <i>IJPHRD</i> 2020, 11, 1057-1062. Pasang, H, Moore, GA, Sitorus, G 2007. 'Neighbourhood-based waste management: A solution for solid waste problems in Jakarta, Indonesia.' <i>Waste Management</i> , vol.27, issue 12, pp. 1924-1938. https://doi.org/10.1016/j.wasman.2006.09.010 <i>Optional:</i> Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' <i>Development and Change</i> , vol. 45, pp. 157-178. doi:10.1111/dech.12075
Seminar I: Nutrition and Food Safety	Burden of malnutrition in Indonesia and food safety issues	◆ Develop an understanding of the burden of malnutrition in Indonesia and issues with food safety.	<i>Required:</i> A.M. Vollaard, S.Ali, H.A.G.H. Vanasten, et al. Risk factors for transmission of foodborne illness in restaurants and street vendors in Jakarta, Indonesia. <i>Epidemiol Infect</i> 2004;132:863-72 Titaley, C., Iwan Ariawan, Dwi Hapsari, Anifatun Muasyaroh and Michael J. Dibley 2019 Determinants of the Stunting of Children Under Two Years Old in Indonesia: A Multilevel Analysis of the 2013 Indonesia Basic Health Survey, <i>Nutrients</i> 2019, 11, 1106, doi:10.3390 . <i>Optional:</i> Rokx, C, Subandoro, AW, Gallagher, P 2018. Aiming high: Indonesia's ambition to reduce stunting: main report. World Bank Jakarta. Available from http://documents.worldbank.org/curated/en/913341532704260864/main-report

Activity	Topic	Objective/ Learning outcome	Readings
Seminar J: Neglected Diseases	Neglected Diseases in Indonesia	◆ Develop an understanding of the burden of Neglected Disease and TB in Indonesia and interventions targeted to address the issues	<p><i>Required:</i></p> <p>Dewi, C, Barclay, L, Passey, M, & Wilson, S 2016, 'Improving knowledge and behaviours related to the cause, transmission and prevention of Tuberculosis and early case detection: a descriptive study of community led Tuberculosis program in Flores, Indonesia.' <i>BMC Public Health</i>, vol. 16.</p> <p>Pasaribu, A., Alam, A. 2019. 'Prevalence and risk factors of soiltransmitted helminthiasis among school children living in an agricultural area of North Sumatera, Indonesia.' <i>BMC Public Health</i>, vol. 19, Article number 1066. Available from https://doi.org/10.1186/s12889-019-7397-6</p> <p>Wibawa,T, Satoto, TBT 2016. 'Magnitude of Neglected Tropical Diseases in Indonesia at Postmillennium Development Goals Era.' <i>Journal of Tropical Medicine</i>, vol. 2016, article ID 5716785. Available from https://doi.org/10.1155/2016/5716785.</p>
Seminar H: Abortion, Gender Based Violence and sexual and reproductive health.	Abortion and other reproductive health challenges and responses	◆ Develop an understanding of the magnitude of the issues on abortion, gender based violence, and sexual and reproductive health issues.	<p><i>Required:</i></p> <p>Budiharsana, M 2019. 'An exploratory study on the knowledge of drug sellers about misoprostol use for medical abortion in Yogyakarta Indonesia, 2019'.</p> <p>Surjadjaja, C, Mayhew, S 2011. 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' <i>Health Policy and Planning</i>, vol 26, no. 5. pp: 373-384.</p> <p><i>Optional:</i></p> <p>Astuti, DA, Hidayat, A, Humaira, RZ, et al 2017. ' Accessibility to media and its relation to stigmatization toward lesbian-gay-bisexual and transgender (LGBT) individuals: a study among 2nd year midwifery students in Yogyakarta, Indonesia.' <i>J Health Res</i>, vol 31, no 4, pp: 263-269. https://doi.org/10.14456/jhr.2017.33</p>
Seminar L: HIV in Indonesia	HIV epidemiology and responses in Indonesia	◆ Develop an understanding of HIV epidemiology, issues and responses in Indonesia	<p><i>Required:</i></p> <p>Januraga, P.P., Reekie, J. et al 2018, ' The cascade of HIV care among key populations in Indonesia: a prospective cohort study'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(18)30148-6/fulltext</p> <p>Luis, H., Fridayantara, W.D. et al 2020, ' Evolving ART crisis for people living with HIV in Indonesia'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(20)30138-7/fulltext</p> <p>Riono, P. Challacombe, S.J. 2020, ' HIV in Indonesia and in neighbouring countries and its social impact'. <i>Oral Diseases</i>, Vol. 26. pp 28-33.</p>
Field Visit 3a: Puskesmas (Community Health Centre)	Public Health prevention and promotion activities in puskesmas	◆ Develop an understanding of HIV epidemiology, issues and responses in Indonesia	<p><i>Required:</i></p> <p>Januraga, P.P., Reekie, J. et al 2018, ' The cascade of HIV care among key populations in Indonesia: a prospective cohort study'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(18)30148-6/fulltext</p> <p>Luis, H., Fridayantara, W.D. et al 2020, ' Evolving ART crisis for people living with HIV in Indonesia'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(20)30138-7/fulltext</p> <p>Riono, P. Challacombe, S.J. 2020, ' HIV in Indonesia and in neighbouring countries and its social impact'. <i>Oral Diseases</i>, Vol. 26. pp 28-33.</p>

Activity	Topic	Objective/ Learning outcome	Readings
Field Visit 3b: Posyandu (Integrated Healthcare Centre)	Maternal and child health in rural area	<ul style="list-style-type: none"> ◆ Develop an understanding of the role of puskesmas in providing health promotion, prevention, and treatment services. 	<p><i>Required:</i> Heywood, P, & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' <i>BMC International Health and Human Rights</i>, vol. 10, no. 3 [cited 2018 June 04]. Available from: http://bmcinthealthumrights.biomedcentral.com/articles/10.1186/1472-698X-10-3</p> <p><i>Optional:</i> Paramita, SA, Yamazaki, C, Setiawati, EP, & Koyama, H 2018, 'Distribution trends of Indonesia's health care resources in the decentralization era.' <i>International Journal of Health Planning and Management</i>, vol. 33, no. 2, e586-e596. Available from https://www.researchgate.net/publication/323697101_Distribution_trends_of_Indonesia%27s_health_care_resources_in_the_decentralization_era</p>
Field Visit 4: Kebaya Foundation	LSM Kebaya Field Visit, the impact of the project	<ul style="list-style-type: none"> ◆ Connecting with community- the role of civil society in improving inclusion and access to healthcare for marginalised populations 	<p><i>Required:</i> Kurniawan, E 2020, 'The Existence of Yogyakarta Transgender Family (KEBAYA) in The Consolidation of Community Organizations and The Struggle of Civil Rights.' <i>Jurnal Aristo (Social, Politic, Humaniora)</i> Vol. 09, No.2 (2021): Juli, pp. 284 - 304 Social and Political Science Faculty, Universitas Muhammadiyah Ponorogo.</p> <p>Wahyuni T, Prasetyo I, 2022, 'HIV/AIDS Prevention and Control Strategy for Transgender at the Yogyakarta Kebaya Foundation.' <i>Jurnal Pendidikan Luar Sekolah</i> Vol. 01, No.1 (2022). Available from: https://doi.org/10.24036/kolokium.v10i1.505</p>
Field Visit 5: YAKKUM Rehabilitation Centre	Mental health and disability challenges	<ul style="list-style-type: none"> ◆ Develop an understanding of the role of community-based organisations in responding to mental health and disability challenges in rural areas. 	<p><i>Required:</i> Tampubolon, G, & Hanandita, W 2014. 'Poverty and mental health in Indonesia.' <i>Social Science & Medicine</i>, vol. 106, pp: 20-27.</p> <p><i>Optional:</i> Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' <i>International Journal of Mental Health Systems</i>, vol. 2, no. 8. Available from https://doi.org/10.1186/1752-4458-2-8</p>
Field Visit 6: Kali Code Walking Tour	Water and sanitation management and health challenges in a riverside community	<ul style="list-style-type: none"> ◆ Develop an understanding of water, environmental and health issues in a riverside community. 	<p><i>Required:</i> Setiawan, B 2002, 'Integrating environmental goals into urban redevelopment schemes: lessons from the Code River, Yogyakarta, Indonesia.' <i>Water science and technology: a journal of the International Association on Water Pollution Research</i>, vol. 45, no. 11, pp 71-76.</p> <p><i>Optional:</i> Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' <i>Development and Change</i>, vol. 45, pp. 157-178. doi:10.1111/dech.12075</p> <p>Indraswara, H 2009, 'Water woes.' <i>Inside Indonesia</i> [cited 2018 Jan 10]. Available from: http://www.insideindonesia.org/water-woes?</p> <p>N. C. Idham. Riverbank settlement and humanitarian architecture, the case of Mangunwijaya's dwellings and Humanitarian Architecture; <i>Journal of Architecture and Urbanism</i>, 2018, 42(2): 177-187, Available from: https://doi.org/10.3846/jau.2018.6900</p>

Appendix III: PHST Group Discussions & Presentations

Activity	Topic	Strategies
Small group discussions following Seminar B: General Overview of Indonesia's Public Health System	Health systems in Indonesia	Students will be split into groups to discuss the challenges the health system in Indonesia might face in an era of decentralisation, and provide recommendations on how to overcome these challenges.
Small group discussions following Seminar C: Disaster Management in Indonesia	Disaster Management in Indonesia	Students will be split into groups to discuss Disaster Management in Indonesia.
Small group discussions following Seminar D: Indonesian Health Development Overview	Indonesian Health Development Overview	Students will be split into groups to discuss national health development strategies.
Small group discussions following Seminar E: Non-Communicable Diseases	Non-Communicable Diseases in Indonesia: Tobacco Control	Students will be split into groups to discuss the current situation in Indonesia and public health interventions with respect to non-communicable diseases (including discussion of tobacco control programs in Indonesia).
Small group discussions following Seminar F: Mental Health	Community-based Mental Health Services	Students will discuss mental health related issues in the community.
Small group discussions following Seminar G: Sexual and Reproductive Health	Family Planning and Reproductive Health	Students will be split into groups to discuss trends in reproductive health and family planning issues and interventions to overcome it.

Activity	Topic	Strategies
Small group discussions following Seminar H: Communicable Diseases: DHF and Malaria	DHF and Malaria prevention and response in rural settings	Students will be split into groups to discuss trends in DHF and malaria in rural settings in Indonesia and prevention efforts to overcome the health challenges posed by these diseases.
Small group discussions following Seminar I: Nutrition and Food Safety	Nutrition and Food Safety challenges.	Students will be split into groups to discuss the challenges of malnutrition in Indonesia and food safety.
Small group discussions following Seminar J: Neglected Diseases	Neglected Diseases	Students will be split into groups to discuss the burden and public health interventions which relate to neglected diseases.
Small group discussions following Seminar Seminar K: Abortion, Gender Based Violence and sexual and reproductive health.	Sexual and Reproductive Health	Students will have Q&A sessions to discuss reproductive health challenges in Indonesia.
Small group discussions following Seminar L: HIV in Indonesia	HIV epidemiology and responses in Indonesia	Students will discuss the burden and public health interventions which relate to HIV.
Final student presentations and future recommendations	Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations	<p>Students will be split into small groups. Each group will need to choose a specific topic related to public health to present on, from the following list:</p> <ul style="list-style-type: none"> Sexual and Reproductive Health Malaria DHF Gender-based Health Issues Maternal and Child Health <p>Students will present their findings from their observations in the community and their recommendations for the future. The PHST Tour Leader will assess this component of the tour.</p>

Activity	Topic	Strategies
Final Student Presentations with Indonesian Students	Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations	<p>Students will complete a collaborative exercise with undergraduate students from Universitas Indonesia (UI) regarding urban health issues as well as national health issues in Indonesia. The students will form groups and discuss aspects of one of the specific topics covered in the seminars during the tour, for example:</p> <p style="text-align: center;">Reproductive Health Communicable & Non-communicable Diseases Urban Environmental Health Public Hospital/Community Health Centre</p> <p>Students will give a brief presentation about a specific topic (to be assigned by UI lecturers). Lecturers from UI and the PHST Tour Leader will assess this component of the tour.</p>

Appendix IV: PHST Reflective Journal

Reflective Journal Instructions

Pre-departure Reflection

- ◆ Describe your current knowledge of Indonesia's key health issues and systems.
- ◆ What would you describe as the key current Public Health issues in Indonesia?
- ◆ What do you hope to learn through the PHST? Please outline your expectations.
- ◆ Please list three academic and three personal goals you hope to achieve through this tour.
- ◆ Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?
- ◆ Do you anticipate any other issues which may arise on the tour (academic or otherwise)? How would you plan to mitigate these issues, should they arise?

Mid-Tour Reflection

- ◆ What key issues have you examined through this week's activities?
- ◆ What are you learning? How does this reflect one (or more) of your required readings?
- ◆ What observations can you make regarding the health challenges facing Indonesia?
- ◆ How do your observations from the first week of the tour compare with your thoughts about Indonesia's health systems before you started the program?
- ◆ Did you face any challenges during the first week of the tour? How did you overcome them?
- ◆ Did you develop any new skills?
- ◆ What was your key learning outcome from the first week of the tour?
- ◆ Any other comments?

Final Reflection

- ◆ What was your most significant learning outcome from this program? Describe the PHST: Did it meet your expectations? Was it different from how you thought it would be?
- ◆ Did you achieve the academic and personal goals you set for yourself?
- ◆ What were the highlights of the tour? How does this reflect one (or more) of your required readings?
- ◆ Did you develop any important skills that you will use in your future?
- ◆ What do you know now about public health issues in Indonesia that you didn't know before? How do you think the social determinants of health relates to these issues?
- ◆ What observations can you make on public health system in Indonesia?
- ◆ What would you describe as issues in health promotion, public health planning, implementation and evaluation in Indonesia
- ◆ Did you face any challenges in cross-cultural communication and cross-cultural teamwork? How did you overcome them?
- ◆ Any other comments/observations?

Reflective Journal Template

Q: Describe your current knowledge of Indonesia's key health issues and systems.

A:

Q: What would you describe as the key current Public Health issues in Indonesia?

A:

Q: What do you hope to learn through the PHST? Please outline your expectations.

A:.....

Q: Please list three academic and three personal goals you hope to achieve through this tour.

A:.....

Q: Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?

A:.....

Q: Do you anticipate any other issues which may arise on the tour (academic or otherwise)?

A:.....

Q: How would you plan to mitigate these issues, should they arise?

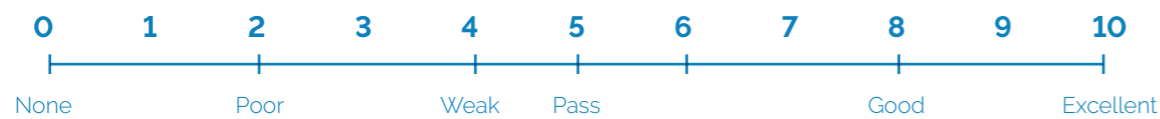
A:.....

Appendix V: Marking Rubrics

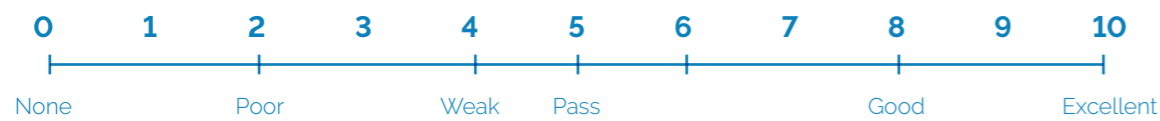
Assesment Item 1 - Seminar Series

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 30% of total program assessment)

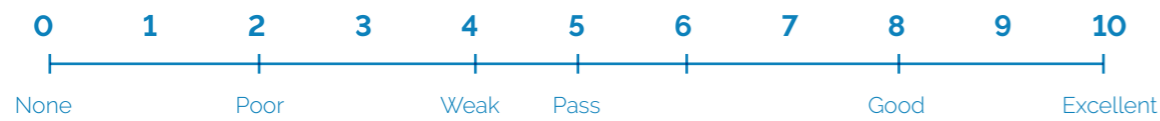
1. **Attendance:** Student consistently attended seminars.



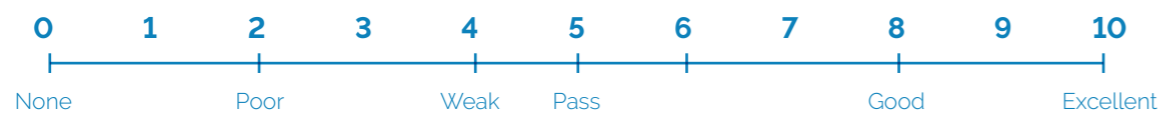
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.



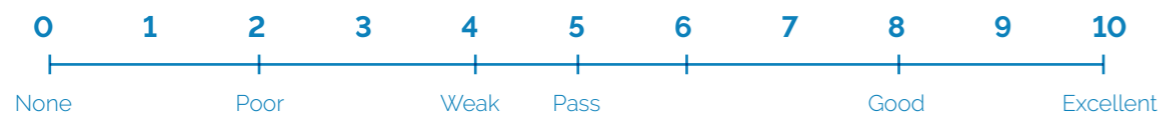
3. **Evidence of Preparation and Critical Thinking:** Student demonstrates familiarity with set seminar readings and evidence of critical engagement with texts.



4. **Level of Communication Skills:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others within a seminar context.



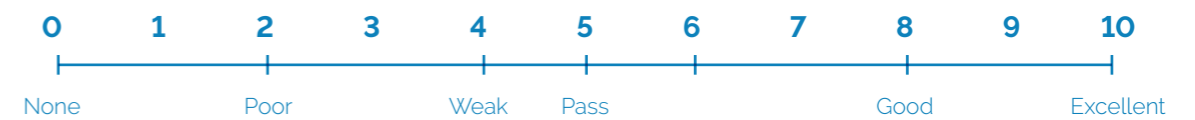
5. **Integration of Experiences and Learning:** Student demonstrates an ability to apply seminar readings to experiences and observations drawn from the program as a whole.



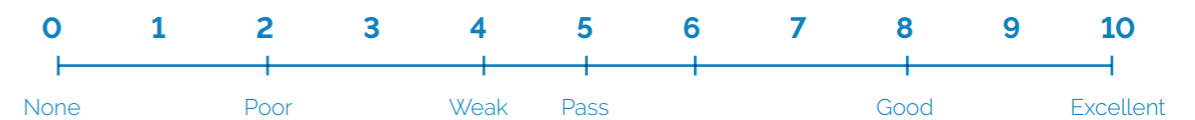
Assesment Item 2 - Field Trips

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 25% of total program assessment)

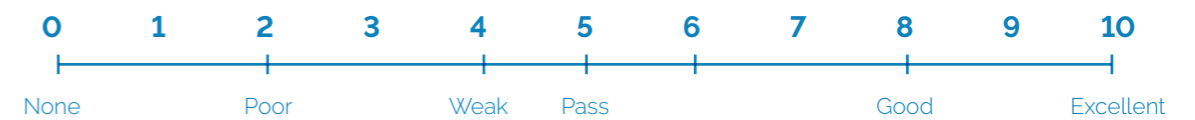
1. **Attendance:** Student consistently attended field trips.



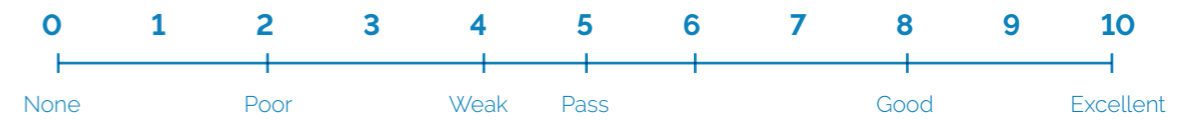
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussions with ideas.



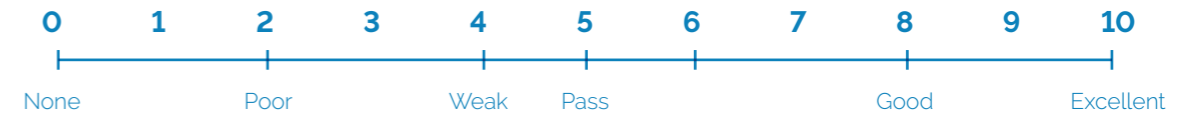
3. **Evidence of Preparation and Critical Thinking:** Student demonstrates familiarity with set field trip readings and evidence of critical engagement with texts.



4. **Level of Communication:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others.



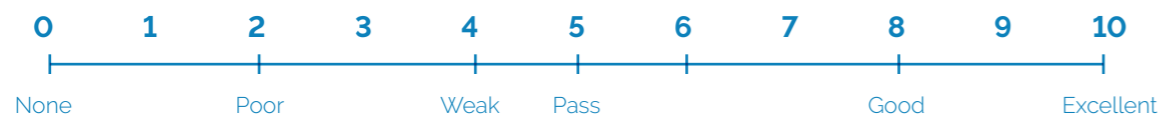
5. **Integration of Experiences and Learning:** Student demonstrates an ability to apply set readings to experiences and observations drawn from field trips.



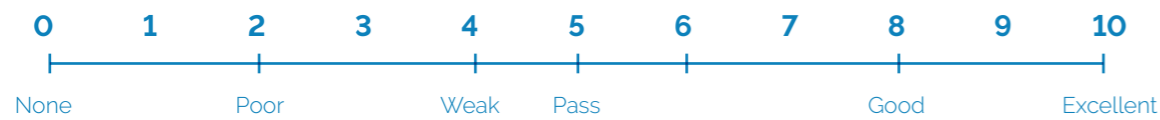
Assesment Item 3 - Group Discussion and Presentations

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 25% of total program assessment)

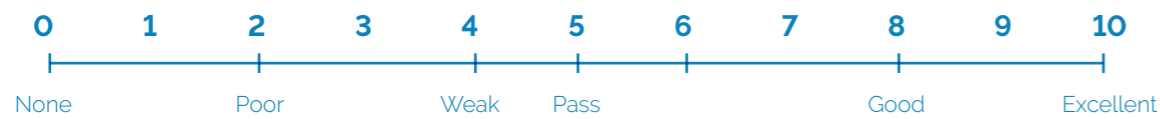
1. **Intercultural Skills:** Student demonstrates sound cross-cultural communication skills and cross-cultural teamwork behaviours in the discussions.



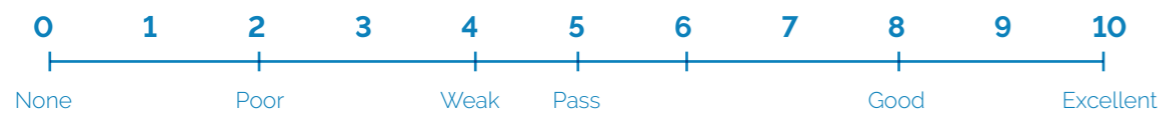
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.



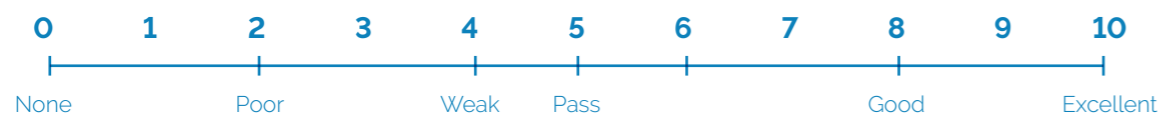
3. **Academic Content:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.



4. **Level of Communication Skills:** Student can describe clearly the key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.



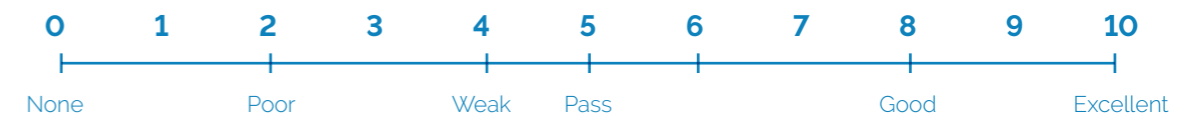
5. **Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.



Assesment Item 4 - PHST Reflective Journal

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 20% of total program assessment)

1. **Reflexive Practice:** Student demonstrates ability to critically analyse and describe this international field experience and its impact on their own learning and development.



2. **Integration of Experiences and Learning:** Student demonstrates familiarity with set course readings, evidence of critical engagement with texts and ability to apply these readings in experiences on the tour.



3. **Understanding of Key Topics:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.



4. **Development of Skills:** Student can identify key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.



5. **Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.



ACICIS Public Health Study Tour *Indonesian Partner University*



Acknowledgements

ACICIS gratefully acknowledges the financial and in-kind support it has received from the Australian Government's 'New Colombo Plan' Mobility Grant Program, which has partially funded the development in the Public Health Study Tour for 2016-2024.

The New Colombo Plan is a signature initiative of the Australian Government which aims to lift knowledge of the Indo-Pacific in Australia by supporting Australian undergraduates to study and undertake professional experiences in the region. For more information on the New Colombo Plan, please visit: www.dfat.gov.au/new-colombo-plan

ACICIS is gratefully hosted by The University of Western Australia (UWA), one of Australia's leading teaching, learning and research universities. From its heritage riverside campus in Perth, UWA is consistently ranked in the top 100 universities in the world and is a national leader in student demand, graduate starting salaries, research grants and more.

ACICIS Member Universities



NEW COLOMBO PLAN
Connect to Australia's future - study in the region



ACICIS
Study Indonesia